

# Must-Know Statistics About The Average Retirement Income

Understanding the average retirement income in the U.S. can help you see how you compare to the national average.

## Where Does Retirement Income Come From?



24% of older Americans use earnings from **continued employment**.



84% of Americans utilize **Social Security benefits** to pay for retirement.

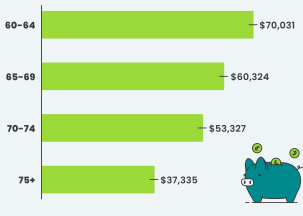


Only 31% of Americans still have defined-benefit plans, or **pension benefits**.

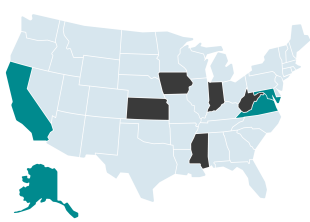


68% of Americans take advantage of **personal financial assets**.

## Median Average Retirement Income by Age



## Highest and Lowest Average Retirement Income by State



Highest Retirement Household Income		Lowest Retirement Household Income	
District of Columbia	\$43,601	Indiana	\$20,521
Alaska	\$39,214	West Virginia	\$21,874
Maryland	\$35,065	Iowa	\$22,198
California	\$34,693	Mississippi	\$22,851
Virginia	\$33,431	Kansas	\$22,998

## Additional Statistics to Note



### Government Pensions

Federal government pensions offer the **highest amount out of any pension** with the average at \$27,687 per year.

### Social Security Benefits

The **maximum** Social Security benefit you can receive each month in 2021 is \$3,148.



### Highest Average Income

The **Northeast region** of the U.S. has the highest average retirement income per capita at \$2,866.